

Consult 4 Kids Lesson Plans

Component:	Conflict Resolution
Grade Level:	Kindergarten-5 th Grades
Lesson Title:	What's Up? #1
Focus:	Forum for Student Voice and Opinion

Materials: None

Opening

State the objective

Today, students will participate and share thoughts, praises, concerns, and suggestions.

Gain prior knowledge by asking students

When have you given or received a “praise” from someone else? How did you feel?

When have you had an opportunity to share your opinion and thoughts? How did that experience feel?

Have you ever had a challenge or problem that you have wanted to share with someone, but didn't know how to do that? When, where and what?

Content (the “Meat”)

Instruction / Demonstration (“I do” – “We do”)

- Explain to students that once a week you will have a class meeting.
- Explain that part of that meeting will be called What's Up?
- Explain that during that section of the class meeting, people may offer praises to another class member or someone outside of class; share successes that they've had, and express concerns or ask for advice.
- Ask for 6 volunteers to come to the front of the room and sit in a circle.
- Once the students are sitting in a circle, ask them to think of a praise that they can give someone—Example: “I praise Julie for helping me carry the box of books this week. She didn't have to help, but she did” or “I want to thank Jorge for helping me with my math last Tuesday—it really helped”. Share with students that when they receive a praise they are only able to say “Thank you” and nothing else.
- Ask volunteers to share a success with the group. Example: I was successful last week when I got 100% on my spelling test or I was on the winning soccer team over the weekend and we all got trophies and pizza. Remind the audience that they need to celebrate with the person and not co-opt the moment by saying something about themselves. They can do that on their own.
- Ask volunteers to share a concern or ask for help. Example: I have been bullied in the bathroom and I don't know what to do to get it to stop. Others volunteer suggestions about what might work using the words, “In my experience I have tried...” The person asking for advice may take notes but can only say “Thanks” to the person sharing possible suggestions—even if it is a strategy that the person asking for help has

*Activity → Teachable Moment(s) throughout

Remember that you are teaching a process. Go slow to go fast. Take the time to learn the process of What's Up thoroughly so students will have a forum to express themselves and resolve conflict.

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<p>already tried.</p> <ul style="list-style-type: none"> • When you have gone that the process of What’s Up in a demonstration, group the students in one group and run the process. <p>Notes for you: Get the conversation started and then sit down. Remember that the students will look to you to be the expert in the room and that it is not your role in this process to be the expert. Also the first 3-4 What’s Up sessions you have will feel awkward, but they will become an integral part of your program—be patient and work the practice through.</p>	
<p>Students practice (“You do”)</p> <ol style="list-style-type: none"> 1. Have all of the students join the volunteers in a circle. 2. Share with students that you are going to be a participant in this activity, and that you will be taking notes to help you remember the flow of the conversation. 3. Designate a student to be the leader of the group—this will be the person who will call on other students to share throughout the meeting. 4. Begin the What’s Up meeting. 5. Take time outs and utilize the teachable moment when the process is not flowing—establish that silence is an appropriate response when people are thinking. 	

Closing
Review
<p>Say:</p> <ul style="list-style-type: none"> • Please recap what we did today. • Did we achieve our objectives?
Debrief
<p>Three Whats</p> <p>Ask the following three “what” questions:</p> <ol style="list-style-type: none"> 1. What did you enjoy most about this activity? 2. What was the biggest challenge with this activity? 3. What did you learn from the group?

<p>Reflection (Confirm, Tweak, Aha!)</p> <ul style="list-style-type: none"> • Ask students to think about what they did today in Theme today. • Ask them to comment on what they did today was something they already knew how to do. (Confirmation) • Ask them to comment on what they did today that was like something they had done before except in one particular way which was new to them. (Tweak) • Ask them to comment on something (if anything) they have learned today that was brand new to them.
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Consult 4 Kids Lesson Plans

Component:	Conflict Resolution
Grade Level:	Kindergarten-5 th Grades
Lesson Title:	What's Up? #2
Focus:	Forum for Student Voice and Opinion

Materials: None

Opening

State the objective

Today, students will participate and share thoughts, praises, concerns, and suggestions.

Gain prior knowledge by asking students

When have you given or received a “praise” from someone else? How did you feel?

When have you had an opportunity to share your opinion and thoughts? How did that experience feel?

Have you ever had a challenge or problem that you have wanted to share with someone, but didn't know how to do that? When, where and what?

Content (the “Meat”)

Instruction / Demonstration (“I do” – “We do”)

- Explain to students that once a week you will have a class meeting.
- Explain that part of that meeting will be called What's Up?
- Explain that during that section of the class meeting, people may offer praises to another class member or someone outside of class; share successes that they've had, and express concerns or ask for advice.
- Ask for 6 volunteers to come to the front of the room and sit in a circle.
- Once the students are sitting in a circle, ask them to think of a praise that they can give someone—Example: “I praise Julie for helping me carry the box of books this week. She didn't have to help, but she did” or “I want to thank Jorge for helping me with my math last Tuesday—it really helped”. Share with students that when they receive a praise they are only able to say “Thank you” and nothing else.
- Ask volunteers to share a success with the group. Example: I was successful last week when I got 100% on my spelling test or I was on the winning soccer team over the weekend and we all got trophies and pizza. Remind the audience that they need to celebrate with the person and not co-opt the moment by saying something about themselves. They can do that on their own.
- Ask volunteers to share a concern or ask for help. Example: I have been bullied in the bathroom and I don't know what to do to get it to stop. Others volunteer suggestions about what might work using the words, “In my experience I have tried...” The person asking for advice may take notes but can only say “Thanks” to the person sharing possible suggestions—even if it is a strategy that the person asking for help has

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Closing
Review
<p>Say:</p> <ul style="list-style-type: none"> • Please recap what we did today. • Did we achieve our objectives?
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Consult 4 Kids Lesson Plans

Component:	Conflict Resolution
Grade Level:	Kindergarten-5 th Grades
Lesson Title:	What's Up? #3
Focus:	Forum for Student Voice and Opinion

Materials: None

Opening

State the objective

Today, students will participate and share thoughts, praises, concerns, and suggestions.

Gain prior knowledge by asking students

When have you given or received a “praise” from someone else? How did you feel?

When have you had an opportunity to share your opinion and thoughts? How did that experience feel?

Have you ever had a challenge or problem that you have wanted to share with someone, but didn't know how to do that? When, where and what?

Content (the “Meat”)

Instruction / Demonstration (“I do” – “We do”)

- Explain to students that once a week you will have a class meeting.
- Explain that part of that meeting will be called What's Up?
- Explain that during that section of the class meeting, people may offer praises to another class member or someone outside of class; share successes that they've had, and express concerns or ask for advice.
- Ask for 6 volunteers to come to the front of the room and sit in a circle.
- Once the students are sitting in a circle, ask them to think of a praise that they can give someone—Example: “I praise Julie for helping me carry the box of books this week. She didn't have to help, but she did” or “I want to thank Jorge for helping me with my math last Tuesday—it really helped”. Share with students that when they receive a praise they are only able to say “Thank you” and nothing else.
- Ask volunteers to share a success with the group. Example: I was successful last week when I got 100% on my spelling test or I was on the winning soccer team over the weekend and we all got trophies and pizza. Remind the audience that they need to celebrate with the person and not co-opt the moment by saying something about themselves. They can do that on their own.
- Ask volunteers to share a concern or ask for help. Example: I have been bullied in the bathroom and I don't know what to do to get it to stop. Others volunteer suggestions about what might work using the words, “In my experience I have tried...” The person asking for advice may take notes but can only say “Thanks” to the person sharing possible suggestions—even if it is a strategy that the person asking for help has

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Closing
Review
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Consult 4 Kids Lesson Plans

Component:	Conflict Resolution
Grade Level:	Kindergarten-5 th Grades
Lesson Title:	What's Up? #4
Focus:	Forum for Student Voice and Opinion

Materials: None

Opening

State the objective

Today, students will participate and share thoughts, praises, concerns, and suggestions.

Gain prior knowledge by asking students

When have you given or received a “praise” from someone else? How did you feel?

When have you had an opportunity to share your opinion and thoughts? How did that experience feel?

Have you ever had a challenge or problem that you have wanted to share with someone, but didn't know how to do that? When, where and what?

Content (the “Meat”)

Instruction / Demonstration (“I do” – “We do”)

- Explain to students that once a week you will have a class meeting.
- Explain that part of that meeting will be called What's Up?
- Explain that during that section of the class meeting, people may offer praises to another class member or someone outside of class; share successes that they've had, and express concerns or ask for advice.
- Ask for 6 volunteers to come to the front of the room and sit in a circle.
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- Ask volunteers to share a success with the group. Example: I was successful last week when I got 100% on my spelling test or I was on the winning soccer team over the weekend and we all got trophies and pizza. Remind the audience that they need to celebrate with the person and not co-opt the moment by saying something about themselves. They can do that on their own.
- Ask volunteers to share a concern or ask for help. Example: I have been bullied in the bathroom and I don't know what to do to get it to stop. Others volunteer suggestions about what might work using the words, “In my experience I have tried...” The person asking for advice may take notes but can only say “Thanks” to the person sharing possible suggestions—even if it is a strategy that the person asking for help has

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Closing
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