

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Clap Radar
Focus:	Opening Routine

Materials:	
1 Blindfold per student	Music (youth appropriate)
1 small ball per student	

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Clap Radar and that they will pick one representative from their class to begin. They are going to try to find small objects hidden in the crowd. The crowd will clap softly or more frequently depending on the distance they are from the object hidden.
2. The representatives will place the blindfold over their eyes and put their hands over their ears. Hide the objects in the crowd. Have the crowd face out when sitting at the tables.
3. Once the objects have been hidden, let the students remove their blindfolds and search for the objects. Students will clap smaller if they are far away from the object and more frequently if they are close to the object.
4. The difficulty is, which claps should they listen to?
5. Once all objects have been found, ask for new representatives. There is no winner.

Encourage all youth to participate in opening activities in some way.

Consult 4 Kids Lesson Plans

Closing
Review Program Leader should ask students to describe the opening activity.
Debrief This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”
Reflection (Confirm, Tweak, Aha!) Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Dance Video Phone
Focus:	Opening Routine

Materials:

Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Pick one student from each class to come up. Have them line up shoulder to shoulder by grade. If there are students from the same grade, then their birthdays will be the second filter.
2. The first student will do a dance move (start with younger grade). The next person will do their dance move and add their own. The next person will do the previous moves and add their own. This will go all the way down the line.

Encourage youth to build relationships during opening.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Fear Factor: Combo Burrito
Focus:	Opening Routine

Materials:

Music (youth appropriate)

Napkins

Burrito contents: tortilla, pinch of brussel sprouts, pickled artichoke, spoonful of black beans and peanut butter.

Water and Cups

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Fear Factor: Combo Burrito and that they will pick one representative. The first representative to each all of their burrito win.
2. Students will begin by placing their hands behind their back. When the music begins, students may start to eat their food.
3. Audience should cheer and applaud the teams.

Encourage all students to participate in the opening activity in some way.

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Closing
Review Program Leader should ask students to describe the opening activity.
Debrief This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”
Reflection (Confirm, Tweak, Aha!) Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Fear Factor: Just the Eyes
Focus:	Opening Routine

Materials:

Blindfolds
 Cooked Top Ramen in a bowl for each player
 Plastic spoon
 Gum Ball Eyes

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. One player from each homework group.
2. Place an equal portion of noodles and gumballs in each bowl.
3. Students are to be blindfolded with their hands behind their backs with the bowl of noodles and gumballs in front of them on the table.
4. When the leader calls, "GO!" the student has to sift through the noodles with their mouths to find all the gumball eyes.
5. The person who finds all of the eyeballs first, wins.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Consult 4 Kids Lesson Plans

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Funny Face
Focus:	Opening Routine

Materials: (These materials are for the activity)

None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Invite each of the groups to select a champion to compete in today's contest. Share with them that today's contest is about the ability to make a "funny face".
2. Champions arrive at the front of the multipurpose room or outdoor snack area.
3. Explain that the champions will line up and when you say "Go", each will make his/her "funny face".
4. Tell champions that you will walk behind each one of them and the audience will clap and cheer for them.
5. The winner is chosen as a result of which champion received the most applause and cheering.
6. Winning champion and his/her group will leave the snack area first.

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.



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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Gumball Challenge
Focus:	Opening Routine

Materials: Music (youth appropriate) 1 Orange
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Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Gumball Challenge and that they will pick one representative from their class to begin.
2. Student will begin with their hands behind their back. Each student (or pair of students) will have 2 - 2 liter bottles; one 1/2 filled with gumballs and one empty.
3. Students have the option of how they want to transfer the gumballs. Hint: Most effective way is to hold the two bottles together where the opening meets and shake the bottles up and down or in a cyclone motion.
4. The first person to transfer their gumballs, wins. The game can be done in rotations so it can be 2 vs. 2 or 4 vs. 4 for multiple rounds.

Encourage all youth to participate in the opening in some way.

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Closing
Review Program Leader should ask students to describe the opening activity.
Debrief This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”
Reflection (Confirm, Tweak, Aha!) Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Components:	Opening
Grade Level:	K-6
Activity Title:	Hackie Sack Soccer
Focus:	Opening Routine

Materials:

Music (youth appropriate)
 1 orange cone per team
 1 Pop Up Soccer Goal
 5 hackie sacks

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Bean Bag Sock and that they will pick their Fab 5 from their class to begin. They will compete in a relay race that requires them to make a goal by flicking the hackie sack into the pop up goal. Once they make the attempt tag their team mate. The process will continue until the last member on the team has completed the process. To extend the time of the game, have them complete multiple cycles.
2. Teams can go one at a time or all at once if you have multiple pop up goals.
3. Audience should cheer and applaud the teams.

Encourage all youth to participate in Opening in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Consult 4 Kids Lesson Plans

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Human Pretzel
Focus:	Opening Routine

Materials:

Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Human Pretzel and that they will pick one representative from their class to begin. They will be trying to work together to complete this puzzle.
2. Have the group stand in a circle. (If there are more than 10 people, break up into groups. Eight is a good number; less than 5 is too few.) Ask each person to put their right hand into the circle and grasp someone else's hand. Do the same with left hands. No one should grasp the hand of the person next to him, or hold both hands of the same person.
3. Ask the group to untangle this human knot, without breaking their grasp. (They can shift their grip with the person they are holding on to, but no let go to change their relationship to others in the group.)

Encourage all youth to participate in the opening activities in some way.

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Closing
Review Program Leader should ask students to describe the opening activity.
Debrief This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"
Reflection (Confirm, Tweak, Aha!) Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Leader Challenge: Singing Itsy Bitsy Spider
Focus:	Opening Routine

Materials:

Microphone
Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Have each leader come to the front of the group (on stage if possible).
2. Review the song the Itsy Bitsy Spider with the entire group, (students and adults) along with the hand motions.
3. One at a time the Leader sings the song.
4. Winner is determined by applause and cheering. (No booing!)

***Activity → Teachable Moment(s) throughout**
Encourage all youth to participate in the Opening Activities

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Jumping Jack Relay
Focus:	Opening Routine

Materials:

Music (youth appropriate)
2 orange cones per team

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Jumping Jack Relay and that they will pick their Fab 4 from their class to begin. They will competing in a relay race that requires then to do 15 jumping jacks, power walk to the cone across from them, power walk back and tag their team mate. The process will continue until the last member on the team has completed the process.
2. Have students line up at their cone. Use the music to signal the start. The team that completes the process first, wins.
3. Audience should cheer and applaud the teams.

Encourage all youth to participate in the opening activity.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Learn Phrases: Hey and Bye Finnish
Focus:	Opening Routine

Materials:

Microphone
Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that they learn how to say a phrase in another language.
2. Today students will be learning how to say "Hey" and "Bye" in Finnish.
3. Let's start with hey. Hei is pronounced exactly the same as hey.
4. Now that was easy. Let's learn to say bye. Nakemiin is pronounced nack-ay-mean.
5. Select volunteers to say the phrase into the microphone. Have students remember past phrases that they remember and practice pronouncing them in the microphone.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Learn Phrases: Very well thank you Welsh
Focus:	Opening Routine

Materials:

Microphone
Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that they learn how to say a phrase in another language.
2. Today students will be learning how to say "Very well thank you." in Welsh. Da iawn diolch is pronounced "Dah yoww-n dee-olch".
3. Select volunteers to say the phrase into the microphone.
4. Have students remember past phrases that they remember and practice pronouncing them in the microphone.

Encourage all youth to participate in the opening in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening

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today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Orange Pass
Focus:	Opening Routine

Materials:

Music (youth appropriate)
1 Orange

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Orange Pass and that they will pick the Fab 3 from their class to begin.
2. Have the group stand in a circle. (If there are more than 10 people, break up into groups. Eight is a good number; less than 5 is too few.) Students will be passing the orange around the circle.
3. Students cannot touch the orange with their hands. They can use their neck, chin and shoulders to pass the orange. If they cannot pass the orange successfully, they are out.
4. Last students standing win.

Encourage all youth to participate in opening activity in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Ping Pong Shake
Focus:	Opening Routine

Materials:

Ping pong balls

Yarn

Empty tissue box (can use the tissue box from Empty It

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. One representative for each team.
2. Each student has an empty tissue box tied around his/her waist.
3. Fill each tissue box with ping pong balls
4. Student has 30 seconds to 1 minute to shake out as many of the ping pong balls as possible.
5. **Note:** Boxes can be tied with yarn

Encourage all youth to participate in the opening activities.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Robot Dance Off
Focus:	Opening Routine

Materials:

Music (youth appropriate - style: techno or house music)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Jumping Jack Relay and that they will pick their Fab 2 from their class to begin. They will compete in a robot style dance off! Bring your best robotic moves to the dance floor to win. They have 1 minute to show off their best moves.
2. Once students have demonstrated their moves, the voting will begin. Each class has 3 votes. They can spend 1 minute discussing who they would like to give their votes to. The team with the most votes wins.
3. Audience should cheer and applaud the teams.

Encourage all youth to participate in Opening Activities in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Table Art: Midway at the Fair
Focus:	Opening Routine

Materials:

Butcher paper for each group, crayolas, marking pens, pencils for each group

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Explain to each group that they are going to work together to create a perfect Midway of games and activities at the Fair on the butcher paper on the table.
2. After talking over how to create their midway, youth should draw the midway—using the materials they have.
3. When the time is up, post the “midways” by hanging them around the opening area.

Encourage all youth to participate in the opening activities.



Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: Cartoon Show
Focus:	Opening Routine

Materials:

Butcher Page to cover tables per Class
 Crayons per class
 Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

Directions:

1. Students will create and draw their own cartoon show. Who are the main characters? Where does the story take place? What is the theme of the cartoon? How will the cartoon look? They will cover the butcher paper with their ideas and designs.

Encourage all youth to participate in opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: Dream Car
Focus:	Opening Routine

Materials: Butcher Page to cover tables per Class Crayons per class Music (youth appropriate)

Opening

State the objective
 The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

- Suggested Routine:**
- WELCOME students to the after-school program.
 - Greet them by name (use name tags if you need to do so).
 - During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
 - Take roll call during this time. Welcome each student by name as they respond.
 - Make any necessary announcements at this time.
 - If it is someone's birthday, acknowledge the birthday.
 - After several days, give praises to students during this time for specific things they did the day before.
 - Conduct the team building activity below.
 - Dismiss students.

Set Up
 Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

Directions: 1. Students will create and draw their own dream car. Does it fly? How big are the tires? Does it have any special abilities? What color will it be? They will cover the butcher paper with their ideas and designs.	Encourage all youth to participate in the opening activity.
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Closing

Review
 Program Leader should ask students to describe the opening activity.

Debrief
 This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)
 Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: Mutated Fruit
Focus:	Opening Routine

Materials:

Butcher Page to cover tables per Class
 Crayons per class
 Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

Directions:

1. Students will create and draw their own fruit. Are you blending multiple types of fruits? What does it taste like? What does it look like? Does it grow on a tree or bush? Do you have to peel it or can you bite into it? Is it crispy or juicy? What is the name of your fruit? What color is it? Does it have seeds? They will cover the butcher paper with their ideas and designs.

Encourage all youth to participate in the opening activity in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Tutor Challenge: Pick Up Sticks
Focus:	Opening Routine

Materials: Music (youth appropriate) Yogurt, pudding, cream of corn, fruit cocktail (3 - 4 oz of each per person) 1 dessert plate per person
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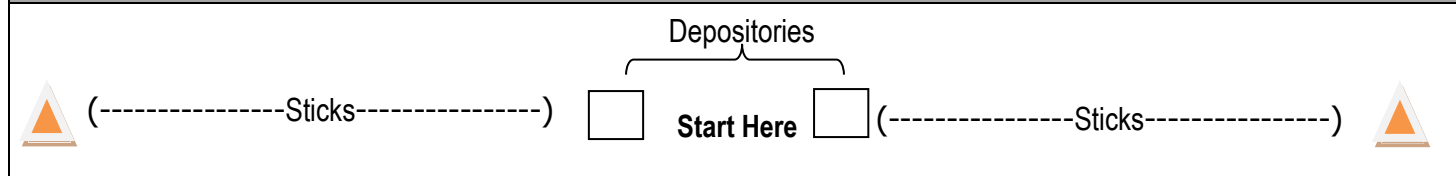
Opening

State the objective
 The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

- Suggested Routine:**
- WELCOME students to the after-school program.
 - Greet them by name (use name tags if you need to do so).
 - During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
 - Take roll call during this time. Welcome each student by name as they respond.
 - Make any necessary announcements at this time.
 - If it is someone's birthday, acknowledge the birthday.
 - After several days, give praises to students during this time for specific things they did the day before.
 - Conduct the team building activity below.
 - Dismiss students.

Set Up



Opening Activity

<p>Directions:</p> <ol style="list-style-type: none"> 1. Announce to the group that today's activity will be Jumping Jack Relay and that they will pick their Fab 1 from their class to begin. They will compete against their tutor in a food eating contest. 2. Their task will be to pick up all the popsicle sticks on the floor. Popsicle sticks can be spread across a large or small area. They can only pick up on at a time but can carry up to five when depositing them. 3. Audience should cheer and applaud the teams. 	<p>Encourage all youth to participate in opening activities in some way.</p>
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Closing

Review
 Program Leader should ask students to describe the opening activity.



Consult 4 Kids Lesson Plans

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans



Componet:	Opening
Grade Level:	K-6
Activity Title:	Yard Stick Transfer
Focus:	Opening Routine

<p>Materials: Music (youth appropriate) 2 Yard Stick 20 Gumballs 2 bowls</p>

Opening

State the objective
 The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

- Suggested Routine:**
- WELCOME students to the after-school program.
 - Greet them by name (use name tags if you need to do so).
 - During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
 - Take roll call during this time. Welcome each student by name as they respond.
 - Make any necessary announcements at this time.
 - If it is someone’s birthday, acknowledge the birthday.
 - After several days, give praises to students during this time for specific things they did the day before.
 - Conduct the team building activity below.
 - Dismiss students.

Opening Activity

<p>Directions:</p> <ol style="list-style-type: none"> 1. Announce to the group that today’s activity will be Yard Stick Transfer and that they will pick one representative. Each representative will get 1 minute to use the yard sticks to grab the gumballs and transfer them from one bowl to the other. 2. Have students go one at a time. Fill one bowl with the gumballs and place an empty bowl 2 feet away on a table. To help with runaway gumballs, place a plastic inflatable baby pool underneath the table or under the bowls. 3. Start music to initiate the 1 minute, stop the music when it is over. 4. Audience should cheer and applaud the teams. 	<p>Encourage all youth to participate in the opening activities in some manner.</p>
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Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.