

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	5 Ways to Find A Friend
Focus:	Opening Routine

Materials: (These materials are for the activity)

Paper and pencil or small white boards

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the audience that they will need to select a Fabulous Five team to represent them in today's contest. Explain that today's contest will require the Fab 5 to share a list of 5 ways to find a friend
2. Prior to selecting the Fab 5 to represent them, the group should brainstorm at the table and decide the "top 5 ways to find a friend" for their Fab 5 team to bring to the front of the room. Give group 5 minutes for preparation
3. When the Fab 5 arrives, number them Fab 5 1, 2, 3, and so on
4. Fab 5 number 1 reads their list first, each team member saying one tip. When Fab 5 #1 gives a tip, if a team member from Fab 5 team 2, 3, 4, and so on have the same tip, then he/she should join the person to name the tip and they will move to the side.
5. Continue until team 1 has completed the process (matching as many times as possible with members from other teams); if there are other tips remaining, Fab 5 number 2 shares list, continuing process of joining the person who has named the tip, until all tips have been given
6. At the end, review the tips (a minimum of 5) by having each group rename their tip.

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

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7. Fab 5 teams leave the snack area first	
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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Animal Sounds in Unison
Focus:	Opening Routine

Materials: (These materials are for the activity)

None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that each group will be sending two contestants to the front of the multipurpose room or outdoor eating area.
2. Explain that the Dynamic Duo will need to make two animal sounds together, in unison
3. Ask the groups to select their Dynamic Duo
4. Introduce the Dynamic Duo to the group (group should cheer and applaud—offering support)
5. One Dynamic Duo at a time, have the two of them make the two animal choices
6. When all of the Duos have shared the animal sounds with the larger group have students vote for the Dynamic Duo they believe did the best job
7. Group who has the Dynamic Duo who wins leaves the snack area first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the “teachable moment” as they present themselves. Promote team work, positive attitudes, and efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.



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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Baby Taste Test
Focus:	Opening Routine

Materials:	
A few different types of generic baby food	One spoon per student
One plate per student	Napkins
Paper and pencil per student	
Music (youth appropriate)	

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Add a spoonful of each of the different types of baby food to the plate per student. This may it will make it easier to not contaminate any of the food or spoons.

Opening Activity

Directions:

1. Announce to the group that today's contest will be Baby Taste Test and that they will pick 1 student from each class to represent them.
2. Each team will be competing to see who guess the correct type of baby food by just tasting it. This can be done one at a time. Students will write down what they think the flavor is. Team with the most correct guesses, wins. Teams can tie.
3. Audience should cheer and applaud the teams. Interview some of the participants.

Encourage youth to participate in the opening activity in some way.



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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Balloon Line Up
Focus:	Opening Routine

Materials:

Bag of Large Latex Balloons
 Paper Slips with the Numbers on them
 Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Give each student a slip of paper and have them write a number between 1 and 100 on the piece of paper. Have them give you all the paper slips. Give them the rolled of slip of paper each, randomly. Have students place paper into the balloon without looking at it. Have students blow up the balloons to a medium size. That way it is a little tougher to pop the balloon.

Opening Activity

Directions:

1. Announce to the group that today's contest will be Balloon Line Up Relay and that they will pick six students from each class to represent them.
2. Explain that each student will be competing to see which team can pop their balloon by sitting on it and collect the paper inside. From there, they have to line up in the order of the number they have on their paper slip.
3. The class that can line up least to greatest first wins.
4. Award points based on what place they received. If 7 classes, 70 points will be given to 1st place and last place will receive 10 points.
5. Audience should cheer and applaud the teams.

Encourage all youth to participate in the opening activity in some way.



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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Bubbles
Focus:	Opening Routine

Materials: (These materials are for the activity)
Bubble gum (enough for 2 pieces per contestant)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to students that each group will need to select one Champion to represent them in a bubble blowing contest
2. When students arrive at the front of the room, introduce the champions to the group (groups should cheer and applaud)
3. Tell the champions that they may select 1 or 2 pieces of bubble gum and will have 2 minutes to chew the gum and be prepared to blow a bubble
4. When the 2 minutes is up, call "Go" and champions blow a bubble
5. The champion with the largest bubble wins and his/her group needs to leave the cafeteria first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component	Opening
Grade Level:	K-6
Activity Title:	Buzz
Focus:	Opening Routine

Materials: (These materials are for the activity)

None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the students that they will need to select the Fabulous 5 to represent them in today's challenge
2. Each group sends the Fabulous 5 to the front of the multipurpose room or the outdoor eating area
3. When the groups of 5 arrive ask for one more volunteer to come and join the group
4. Have the Fabulous 5 from all of the groups line up in alphabetical order by the student's first name
5. Explain to the group that they are going to count by ones to 100 and then backwards.
6. Each time the number "5" or a multiple of the number "5" is to be called, the player must NOT say the number they must say "BUZZ". The next player would continue with the numbering
7. If student misses then, he she is "out" and must step back from the line
8. Winning team leaves the snack area first.

Example: 1, 2, 3, 4, Buzz, 6, 7, 8, 9, Buzz, 11, 12, 13, 14, Buzz, 16, 17, 18, 19

***Activity → Teachable Moment(s) throughout**

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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Cartoon Madness
Focus:	Opening Routine

Materials: (These materials are for the activity)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that they will need to select a Fantastic Four team to represent them in today's contest—Cartoon Mania. Explain that the team members will need to collectively name a cartoon character and then demonstrate how that character acts or sounds.
2. Prior to sending the Fantastic Four to the front of the room, the group should brainstorm the character they will name and the key characteristics that the Fantastic Four should imitate
3. The group will have 4 minutes for this part of the contest
4. Fantastic Four from each group arrives at the front of the snack space, and one team at a time they name and demonstrate the character
5. When all groups are finished (about 20 seconds each) have the audience vote by cheers and applause select the contest winner
6. Winning team and the group they are representing get to leave the snack area first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Fear Factor: Cheerleader
Focus:	Opening Routine

Materials: None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. You should have 1 participant from each homework group.
2. Each person will become a "cheerleader" to spell out either the school's name or the school's mascot.
3. Have a leader that will teach the group the cheer motions, on stage in front of the entire group, then have the cheerleaders lead the entire group in the cheer.
4. Winner is determined by the clapping and cheering of the students.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening



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today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Fear Factor: Veggie Voyage
Focus:	Opening Routine

Materials:

V-8 Juice
 Mixed Vegetables (canned or frozen but thawed)
 Cup

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. One player from each team.
2. In front of each team member place a cup with V8 juice and part of a can of mixed vegetables.
3. When you say "GO", each player eats/drinks the V8/vegetables in their cup.
4. Winner is the student who is finished first.

Encourage all youth to participate in the opening activities.

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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Hip Hop Moves
Focus:	Opening Routine

Materials: (These materials are for the activity)

CD Player

Speakers

Appropriate Hip Hop music (be careful of the language used in the songs)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that they need to select a champion to represent them in this opening contest. Share with them that the contest will be to find the person with the "best" hip hop dance moves (15 -20 seconds of demonstration.)
2. When champion arrive, introduce them to the group at large.
3. Give the champions 2 minutes to practice to the music they will be dancing to.
4. Have all of the champions demonstrate own hip hop moves at the same time.
5. Then 1 at a time, give each champion 30 seconds to take Center Stage.
6. When all have been on Center Stage, audience votes for the champion with the best dance moves
7. Winning champion and his/her group get to leave the snack area first.

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Learn Phrases: Do you know English?
Focus:	Opening Routine

Materials:

Microphone
Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that they learn how to say a phrase in another language.
2. Today students will be learning how to say "Do you know English" in Finnish.
3. Puhutko englantia is pronounced poo-hoot-koh eng-lahn-tya
4. Select volunteers to say the phrase into the microphone. Have students remember past phrases that they remember and practice pronouncing them in the microphone.

Engage youth in participating in the opening in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Learn Phrases: Nice to Meet You
Focus:	Opening Routine

Materials:

Microphone
Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that they learn how to say a phrase in another language.
2. Today students will be learning how to say "Nice to meet you." in German.
3. Nett, Sie kennen zu lernen. is pronounced net zee KEN-en tsoo LER-nen.
4. Select volunteers to say the phrase into the microphone. Have students remember past phrases that they remember and practice pronouncing them in the microphone. Ask students if they remember how to say "Nice to meet you." in Finnish.

Encourage all youth to participate in the opening activity.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Name That Tune
Focus:	Opening Routine

Materials: (These materials are for the activity)

None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the students that each group will need to select a Terrific Trio to represent them in the contest—Name That Tune
2. Explain that the Terrific Trio will need to be able to name song titles, current, popular or obscure
3. Once the Terrific Trios have come to the front of the multipurpose room or outdoor snack area, tell them that they will have 3 minutes to think of three song titles that have the work LOVE in it (Example: Love Is a Many Splendor Thing, All You Need Is Love, Love Potion #9)
4. Ask them to write the titles on a white board (for Kindergartners and 1st graders you might want to write the titles for them)
5. Have the students vote for the Terrific Trio they believe has named the best three songs
6. The Winning Terrific Trio's group gets to leave the area first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component	Opening
Grade Level:	K-6
Activity Title:	Naturally Four
Focus:	Opening Routine

Materials: (These materials are for the activity)

Whiteboard and vis-à-vis or paper and pencil

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Invite the group of students to select a Fantastic Four team to represent them in today's contest. Announce that this group will need to name things that naturally come in 4s (example: north, south, east, west; tires on a car)
2. When the Fantastic Four teams arrive at the front of the multipurpose room or outdoor snack area, explain that each team will have 3 minutes to come up with as many things as they can that "naturally" come in 4s.
3. While the Fantastic Four teams are working on this, invite each group to brainstorm and think of as many "fours" as they can. When their team is sharing it's list, if the audience came up with something the Fantastic Fur did not think of, they may say it and add to the point total.
4. The winning team is the one that between themselves and the support of the audience have the most items on the list.
5. Winners leave the snack space first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.



Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Pair Mania
Focus:	Opening Routine

Materials: (These materials are for the activity)

Paper and pencil

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to students that each group needs to select a Dynamic Duo to represent them in today's contest. Inform them that the Duo will need to list things that come in pairs
2. When the Dynamic Duos get to the front, tell them that they will have 2 minutes to name as many things as they can that come in pairs (examples: socks, shoes, ears, scissors, gloves)
3. While the Duos are at work, the groups that sent them should be brainstorming items so they can add to the list for their team
4. One team at a time, the Duos list their items and when they are finished, audience group adds any that were not named
5. Number of items that come in pairs listed will determine the winner who will, with his/her group, leave the snack area first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.



Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Pasta! Pasta! Pasta!
Focus:	Opening Routine

Materials: (These materials are for the activity)
None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to students that they should select a Dynamic Duo to represent their group in the Pasta challenge
2. When the Dynamic Duo makes their way to the front of the multipurpose room or the front of the outdoor eating area, introduce them to the students
3. Explain to students that they will have two minutes to list as many pasta dishes that they can think of (check to be sure that they know what pasta is)
4. Students may write the names of the pasta on a white board, or be prepared to list them aloud (you might want to write the list for Kindergartners and 1st graders)
5. After 2 minutes call time and the team with the most pasta items listed wins
6. Wining team's group may leave the cafeteria first
7. Example: lasagna, spaghetti, linguine, rigatoni, macaroni, angel hair, etc.

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.



Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Pentathlon Day
Focus:	Opening Routine

Materials: (These materials are for the activity)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Invite each of the groups to select the Fabulous Five to represent them in today's contest. Share with them that today's challenge is the Pentathlon—5 physical events
2. When the Fabulous 5's arrive on stage ask them to number off 1 through 5
3. Let them know that they will be competing against the other teams. When they are tired, they may sit down—the last person standing in each group will be the winner. The Fabulous 5 team with the most people standing at the end will win
 - a. Students #1" jumping Jacks
 - b. Students #2 hops (1 foot at a time)
 - c. Students #3 toe touches
 - d. Students #4 wiggling
 - e. Students #5 turning in slow circles
4. Winning Fabulous Five will be able to leave the snack area first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Round Robin Leaders
Focus:	Opening Routine

Materials: (These materials are for the activity)
None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the students that each group will need to select the Fantastic Four to represent them in today's contest (encourage students who have not participated already to come as part of the Fantastic Four)
2. Let the students know that the Fantastic Four will have to play a version of Round Robin Leaders
3. When the Fantastic Four arrive at the front of the multipurpose room or the outdoor snack area, ask each Fantastic Four to agree on a movement that will pass the role of "leader" from one student to another (Example: this could be three finger clicks, a shimmy, or some other dance move)
4. The Fantastic Four demonstrates their passing movement for the group
5. Number the Fantastic Four off from 1-4
6. Begin the contest with person #1 leading the group in some sort of body motion, when you call switch, #1 must use the passing movement to send the leadership to person #2 who then picks up the role of leader and the remaining students follow.
7. Repeat process until all have had the opportunity to lead.
8. Students get to vote for the group that was most original
9. Winning group gets to leave the cafeteria first.

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, and promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: Aged Self Portrait
Focus:	Opening Routine

Materials:

Butcher Page to cover tables per Class
 Crayons per class
 Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

Directions:

1. Students will create and draw what they think they will look like in 20 years. How old will you be? What style of clothing will you be wearing? How tall do you think you will be? Will your hair be long or short? Will you dress based on your career? Will you keep the style that you currently have? Will you change your look completely? They will cover the butcher paper with their ideas and designs.

Encourage youth to participate in the opening activities in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: Musical Instrument
Focus:	Opening Routine

Materials:

Butcher Page to cover tables per Class
 Crayons per class
 Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

Directions:

1. Students will create and draw the musical instrument of their choice. Is it an instrument that has already been created? Are you creating a new instrument? What design will be on your instrument? How does it reflect you? Why did you choose that instrument? They will cover the butcher paper with their ideas and designs.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: We bought a ...
Focus:	Opening Routine

<p>Materials: Butcher Page to cover tables per Class Crayons per class Music (youth appropriate)</p>
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Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

Directions:

1. Students will create and draw their place or thing. Have students brainstorm a place or thing that they would buy if they had 1 purchase that they could make, regardless of the cost. What would it be? Would it be a place? Would it be somewhere you could take your family and friends? Is it a thing? What does this thing do? Why do you want it? They will cover the butcher paper with their ideas and designs.

Encourage youth to participate in the opening activity in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"



Consult 4 Kids Lesson Plans

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Whistling Happy Birthday
Focus:	Opening Routine

Materials: (These materials are for the activity)
None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the students that you are going to have a Whistling Challenge.
2. Announce that each group will send a "champion" to the front of the multipurpose room or outdoor eating area.
3. The group should select a champion who can whistle "Happy Birthday" to compete in the Whistle Challenge for them
4. When the "champions" get to the front, introduce each one to the group (group should cheer and support the person)
5. Tell the group that one at a time each student will whistle "Happy Birthday"
6. When all have taken a turn, the group will vote for the winner by cheering and clapping
7. Determine the winner by determining who received the most applause
8. The winning team gets to leave the snack area first

***Activity → Teachable Moment(s) throughout**

It is essential that each individual staff member take advantage of the "teachable moment" as they present themselves. Promote team work, positive attitude, promote efforts by individual and groups of students to engage others. Focus on the opportunity to demonstrate how to be a positive role model and encouraging students to do the same.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.