

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Basketball Dribble
Focus:	Opening Routine

Materials:

Basketballs (one for each team)
 Cones
 Clearly marked start and finish line

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Team selects one representative.
2. Student dribbles soccer ball in and out of cones to one end, gets the basketball and dribbles in and out of the cones on the way back.
3. Student to finish in the fastest time wins.

Encourage all youth to participate in the opening activities.

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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Fear Factor: Find the Skittle
Focus:	Opening Routine

Materials:

Pie tin for each team
 Skittles
 Whipped cream can

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. One player from each homework group.
2. In front of each student have a pie tin with one Skittle on the bottom of the tray, covered by whipped cream.
3. Without hands, the player must come up with the Skittle in his/her mouth.
4. **Note:** You might also want to use Cool Whip).

Encourage all youth to participate in the opening activities.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Fear Factor: Does The Peanut Butter Stick to the Roof of Your Mouth?
Focus:	Opening Routine

Materials:

Peanut Butter
 Plastic Spoon
 Small Dixie Cups
 Water

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. One player from each homework group.
2. Give each a plastic spoon and a small Dixie cup full of peanut butter.
3. Each person should also have a cup of water.
4. When you say "GO", each player begins to eat the peanut butter.
5. The first person finished who "show" an empty mouth, wins.
6. **Note:** Be sure you have no one that is allergic to peanut butter.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.



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Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Frozen T-Shirt
Focus:	Opening Routine

Materials:

1 T-Shirt tied in knots and frozen

Opening

State the objective

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In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Select 3 students from each class
2. 2 members of the team try to untangle the frozen shirt and put it on one of his/her team mates.
3. The team who completes the task first wins.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Consult 4 Kids Lesson Plans

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Hula Hoop Pass
Focus:	Opening Routine

Materials: Hula Hoops

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. 2 students from each team stand in a circle holding hands.
2. One player has the hula hoop around his/her feet.
3. Player 1 must put his/her whole body through the hula hoop and pass to the next student before the music stops.
4. First team to succeed, wins.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening



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today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	I'm The Teacher
Focus:	Opening Routine

Materials:

Microphone
Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Each group selects a representative to go to the front of the group and teach the entire audience a "trick" (popping a cork in your cheek, snapping your fingers, honking like a goose, whatever)
2. Entire audience participates.
3. Winner is determined by applause and cheering. (No booing!)

***Activity → Teachable Moment(s) throughout**
Encourage all youth to participate in the Opening Activities

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Jump Rope Challenge
Focus:	Opening Routine

Materials:

Jump ropes for each group

Opening

State the objective

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In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Five students per group.
2. Each student has 15 second to jump rope, counting each successful jump.
3. Player passes rope to next player, count continues as he/she jumps for 5 minutes.
4. Process continues until all 5 players have had 15 seconds of jump time.
5. Group with the highest # of jumps wins.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening



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today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Knock It Down
Focus:	Opening Routine

Materials:

Bean bags
 Glue bottle
 Two cones
 Bucket or table
 Score keeper

Opening

State the objective

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Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Each group selects a team of 4 to represent them.
2. Each team makes a line.
3. Each player takes a turn throwing a bean bag at the glue bottle to knock it down.
4. Count the number of times the glue bottle is knocked down.
5. After three rounds, total the number of times the glue bottle was knocked down.
6. The winning team has the highest number of knock downs.

Encourage all youth to participate in the opening activities.

Closing

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Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Last Player Standing
Focus:	Opening Routine

Materials:

3 circles of each color: red, yellow, blue, green, orange, purple

Boom Box

Music

Die

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

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Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
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- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Place colored circles in a designated area scattered all over.
2. Team selects one player.
3. Select a DJ.
4. DJ "mans' the radio facing away from the students on the poly spots.
5. Music starts playing, students dance around.
6. When music stops, students must choose a color to stand on.
7. DJ rolls the die (1 = red, 2 = green, 3 = blue, 4 = orange, 5 = yellow, 6 = purple).
8. Players standing on that color of a dot are out.
9. Elimination continues until 1 student is left standing.

Encourage all youth to participate in the opening activities.

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Closing
Review Program Leader should ask students to describe the opening activity.
Debrief This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”
Reflection (Confirm, Tweak, Aha!) Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Learn Phrases: Hello and Goodbye German
Focus:	Opening Routine

Materials:

Microphone
Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that they learn how to say a phrase in another language.
2. Today students will be learning how to say "Hello" and "Goodbye" in German.
3. Let's start with Hello. Guten Tag is pronounced *GOO-ten tahk*.
4. Now that was easy. Let's learn to say goodbye. Tschüs is pronounced *chuuss*.
5. Select volunteers to say the phrase into the microphone. Have students remember past phrases that they remember and practice pronouncing them in the microphone.

***Activity → Teachable Moment(s) throughout**

Encourage all youth to participate in the opening.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans



Component:	Opening
Grade Level:	K-5
Activity Title:	Learn Phrases—Thank You German
Focus:	Opening Routine

Materials: Microphone Music (youth appropriate)
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Opening

State the objective
 The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

- Suggested Routine:**
- WELCOME students to the after-school program.
 - Greet them by name (use name tags if you need to do so).
 - During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
 - Take roll call during this time. Welcome each student by name as they respond.
 - Make any necessary announcements at this time.
 - If it is someone’s birthday, acknowledge the birthday.
 - After several days, give praises to students during this time for specific things they did the day before.
 - Conduct the team building activity below.
 - Dismiss students.

Opening Activity

Directions: <ol style="list-style-type: none"> 1. Announce to the group that they learn how to say a phrase in another language. 2. Today students will be learning how to say “Thank you” in German. 3. Danke is pronounced dahn-kuh (accent on first syllable). 4. Select volunteers to say the phrase into the microphone. 	<p>*Activity → Teachable Moment(s) throughout</p> <p>Encourage all youth to participate in the opening activity.</p>
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Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

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Component:	Opening
Grade Level:	K-5
Activity Title:	Minute to Win It
Focus:	Opening Routine

Materials:

Small bags of M and M's for each team
 Plate for each team

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. 1 representative from each class has 1 minute to separate a bag of M & Ms into individual colors.
2. When you say "Go", players open the bag and begin.
3. Player who finishes first, wins.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Consult 4 Kids Lesson Plans

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Nose Dive
Focus:	Opening Routine

Materials:

Cotton Balls
Paper plate
Vaseline
Goggles

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Team selects one person to represent them in this contest.
2. Representative puts on the goggles and a dab of Vaseline on his/her nose.
3. When you say "Go", players dip face into the plate of cotton balls.
4. Player then moves the cotton ball to another container and goes back for another cotton ball.
5. When time is called, player who has transported the most cotton balls, wins.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Consult 4 Kids Lesson Plans

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Prove It
Focus:	Opening Routine

Materials: None

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Make 2 teams from students representing the entire group
2. Name a topic (U.S. Presidents, States, Bands, etc.)
3. The 2 team reps say how many of that topic they can name
4. They go back and forth until one of the reps calls the other's bluff and tells them to prove it.
5. If they name them, their team gets the point, if they don't; the other team gets the point.

Encourage all youth to participate in the opening activities.

Example: Topic is States

Kid #1: I bet I can name 2
 Kid #2: I bet I can name 5
 Kid #1: I bet I can name 10
 Kid #2: Prove it
 Kid #1: Alabama, Alaska, Arizona, Arkansas...

Closing

Consult 4 Kids Lesson Plans

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Snowman
Focus:	Opening Routine

Materials:

Shaving cream or whipped cream
 Pieces of yarn or string
 Cotton balls
 Pieces of cardboard

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. This is a team project—all may participate.
2. Cardboard is the mat.
3. Use yarn, cotton balls, and shaving cream to make a snowman.
4. Winner is selected by audience cheers and applause.

Encourage all youth to participate in the opening activities.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Starburst Face
Focus:	Opening Routine

Materials:

Starbursts—3 for each team

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Team selects one player.
2. Player comes up and has a seat on the stage or in a chair.
3. Player tilts his/her head backward and places a Starburst on his/her forehead.
4. Player must slide the Starburst down his/her face and get it into his/her mouth without dropping it.
5. They can have 3 tries.
6. They can squint and move their face to maneuver the Starburst down.

Encourage all youth to participate in the opening activities.

Consult 4 Kids Lesson Plans

Closing
Review Program Leader should ask students to describe the opening activity.
Debrief This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”
Reflection (Confirm, Tweak, Aha!) Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Table Art: Best Amusement Park
Focus:	Opening Routine

Materials:

Butcher paper the length of the table (12' – 20')

Pencils

Crayolas, marking pens, and/or colored pencils

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. This is an activity for everyone on the team.
2. Place the butcher paper on the table between the team members.
3. Ask the team to select a partner to work with.
4. In their section of the butcher paper, the pair should decide how to illustrate their choice for Best Amusement Park, and using pencils, crayolas, colored pencils, and/or markers, the pair draws the illustration.
5. Teams share the poster with the other teams.

Encourage all youth to participate in the opening activities.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Table Art: Best Bug
Focus:	Opening Routine

Materials:

Butcher paper the length of the table (12' – 20')
Pencils
Crayolas, marking pens, and/or colored pencils

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. This is an activity for everyone on the team.
2. Place the butcher paper on the table between the team members.
3. Ask the team to select a partner to work with.
4. In their section of the butcher paper, the pair should decide how to illustrate their choice for Best Bug, and using pencils, crayolas, colored pencils, and/or markers, the pair draws the illustration.
5. Teams share the poster with the other teams.

Encourage all youth to participate in the opening activities.

Consult 4 Kids Lesson Plans

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: Dream Bed
Focus:	Opening Routine

Materials:

Butcher Page to cover tables per Class
 Crayons per class
 Music (youth appropriate)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Set Up

Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

Directions:

1. Students will create and draw their dream bed. What size will your bed be? Will it be soft or firm? Will it be covered in pillows or stuffed animals? What design will your bed linen have? Will you have posts or a canopy? Will the head post have a cool design that reflects your personality or family heritage? They will cover the butcher paper with their ideas and designs.

***Activity → Teachable Moment(s) throughout**

Encourage all youth to participate in opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Table Art: Fair Rides
Focus:	Opening Routine

<p>Materials: Butcher Page to cover tables per Class Crayons per class Music (youth appropriate)</p>
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Opening

State the objective
 The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

- Suggested Routine:**
- WELCOME students to the after-school program.
 - Greet them by name (use name tags if you need to do so).
 - During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
 - Take roll call during this time. Welcome each student by name as they respond.
 - Make any necessary announcements at this time.
 - If it is someone's birthday, acknowledge the birthday.
 - After several days, give praises to students during this time for specific things they did the day before.
 - Conduct the team building activity below.
 - Dismiss students.

Set Up
 Cover tables with butcher paper. Spread out crayons over table. Designate two students to collect when it is clean up time.

Opening Activity

<p>Directions:</p> <ol style="list-style-type: none"> 1. Students will create and draft a carnival ride that they want to see at the fair. 2. Does the ride spin? How many people can ride it at one time? Is it tall? What is the name of the ride? Does it have a lot of lights? Is the ride super fast? 	<p>*Activity → Teachable Moment(s) throughout Encourage participation.</p>
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Closing

Review
 Program Leader should ask students to describe the opening activity.

Debrief
 This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)
 Ask students to think about an activity that they will suggest being an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-6
Activity Title:	Tutor Challenge: Milk Chug
Focus:	Opening Routine

Materials:

Music (youth appropriate)
 Milk (Organic / 1% / Almond Milk / Soy Milk)
 8 oz - 10oz cups

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Announce to the group that today's activity will be Jumping Jack Relay and that they will pick their Fab 1 from their class to begin. They will compete against their tutor in a milk drinking contest.
2. They will receive their cup of milk. Student and tutor will be seated with their hands behind their backs. Once the music begins, they must drink their milk the fastest. For young students, give them a head start.
3. Audience should cheer and applaud the teams.

Encourage all youth to participate in the opening activity in some way.

Closing

Review

Program Leader should ask students to describe the opening activity.

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on "What did you like about opening today?" "What suggestions do you have to make Opening even better?"

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest for an opening activity.

Consult 4 Kids Lesson Plans

Component:	Opening
Grade Level:	K-5
Activity Title:	Water Balloon Pop!
Focus:	Opening Routine

Materials:

Balloons filled with water tied to a string
Paper clip (extended)

Opening

State the objective

The purpose of opening is to demonstrate that the after-school program is the place to be. It is time for youth to check in, get a snack, build relationships, and participate in an engaging activity.

In the beginning, you will establish a routine for opening. As you move forward, students will have more and more input and how opening looks and feels, and will actually begin to plan the activities and team builders. The lesson plan below will be the activity to do with students.

Suggested Routine:

- WELCOME students to the after-school program.
- Greet them by name (use name tags if you need to do so).
- During the opening, interact with the students. Ask them about their school day, what they like to do, comment on haircuts, new clothes, and anything else you can think of. Really listen to the responses.
- Take roll call during this time. Welcome each student by name as they respond.
- Make any necessary announcements at this time.
- If it is someone's birthday, acknowledge the birthday.
- After several days, give praises to students during this time for specific things they did the day before.
- Conduct the team building activity below.
- Dismiss students.

Opening Activity

Directions:

1. Team selects two players to send to the front.
2. One player swing a water balloon tied to a string.
3. The second player tries to pop the water balloon with the extended paper clip.
4. Team who succeeds in popping the balloon first, wins.
5. **Note:** You may want to hold this activity outside.

Encourage all youth to participate in the opening activities.

Closing

Review

Program Leader should ask students to describe the opening activity.

Consult 4 Kids Lesson Plans

Debrief

This debrief should happen with the Program or Group Leader. Debrief should focus on “What did you like about opening today?” “What suggestions do you have to make Opening even better?”

Reflection (Confirm, Tweak, Aha!)

Ask students to think about an activity that they will suggest being an opening activity.