

## January Icebreakers

There are five different types of Icebreakers for the month of December which will work well virtually:

Scavenger Hunt

Amazing Memory

Would You Rather...?

What's Up?

One Thing I Know About....

It is suggested that you mix them up and do one of each type each day of the week and then discover which ones the children enjoy most.

### Scavenger Hunt

**Be sure you find items that you can carry back to share with your peers on screen.**

1. Find three items that are rectangular in shape.
2. Find three kitchen utensils that you can use to mix cookie ingredients.
3. Find a picture of you that is at least 3 years old. So, if you are 10, it will be a picture of you at 7. If you are 5, you will find a picture of you at 2.
4. Find something that reminds you of one of the best places you've been to.
5. Find three examples of something sweet to the taste.

### Amazing Memory

Each time you play this game you will need a different "tray" of items. Consider making each tray a theme. For example, a tray of office items, a tray of kitchen items, a tray of food items, a tray of jewelry, a tray of games, etc. Each tray should have between 15-20 items.

What you will do is keep the tray covered until you are ready to show the entire group. If you have the option of using your phone to show the kids items, this is a great time to use it. If not, you will want to hold the camera (which may be in your computer) over the tray. Let the group see the tray for approximately 20 seconds. Have them write down as many items as they can remember. (If they are online, you won't be able to control whether they start writing when they are watching, but encourage them to look for the 20 seconds.) After giving them several minutes to write down what they remember, show the items one at a time and have them tally their own points, 1 for each object they wrote down. Have children share the number they remembered with their peers.

### Would You Rather...?

Divide the group into two teams. Each team starts with 50 points. You will ask an open-ended-opinion question to the entire group. Each person on the team writes a response to the question. When all of the youth have answered the question, call on one person from each team to show their answers. If they agree, roll one dice, and both teams get the same number of points. They may subtract that total from the 50 points. If they disagree, roll the dice for team 1, and add the tally to the points for Team, roll a second time for team 2 and add the total to team 2's points. The team that reaches zero first, wins. Ask 3-5 questions each time you play. Keep a running total until one team reaches zero.

### **Sample questions:**

1. Would you rather go to Paris or Disneyland?
2. Would you like to spend your whole life being 18 years old?
3. Would you live to have greater or fewer than two children when you grow up?
4. Tell the truth: Do you miss going to school just a little bit during COVID 19?
5. Which of the following school subjects do you like the most: math, science, English?
6. Do you ever hope to become famous?

### **What's Up?**

There are five pictures attached to this plan. Show children one picture each time you do this activity. Ask them what they think is going on in the picture. Ask them why they think what they do. Ask them to try to come up with three-or four different explanations for what they see in the picture. Share with them, that it is hard to know what is really going on when we only get to see a "snapshot".

### **One Thing I Know About...**

This icebreaker gives the children a chance to talk about something they know already. This will give them an opportunity to check in not only with you but with one another. Below are the topics you can bring up, one topic per day. Have as many children share something unique that they know about the topic.

One thing I know about apples is....

One thing I know about opening a present is....

One thing I know about Yoga is....

One thing I know about the Disneyland is....

One thing I know about a gingerbread house is...

What's Up Pictures









